

**CITY OF WATERTOWN
PARKS & RECREATION DEPARTMENT**

CLUB VORTEX



Youth Running Program

AGES 6-11

We get kids moving with fun running exercises to build strength, speed & endurance! This program is designed to encourage proper & safe running habits. Games and activities will help improve strength and coordination.
FUN...FUN...FUN!

Registration: September 10th - 21st

When: Mondays/Wednesdays Sept 24th - Oct 24th

****We will not meet on Columbus Day 10/8/18****

Time: 3:45pm - 4:45pm

Where: Thompson Park Stone Pavilion

Cost: \$20 City Residents / \$40 Non-City Residents



Register online:

www.watertown-ny.gov/webtrac - If you need assistance please call: 315-785-7775